

Health crossword

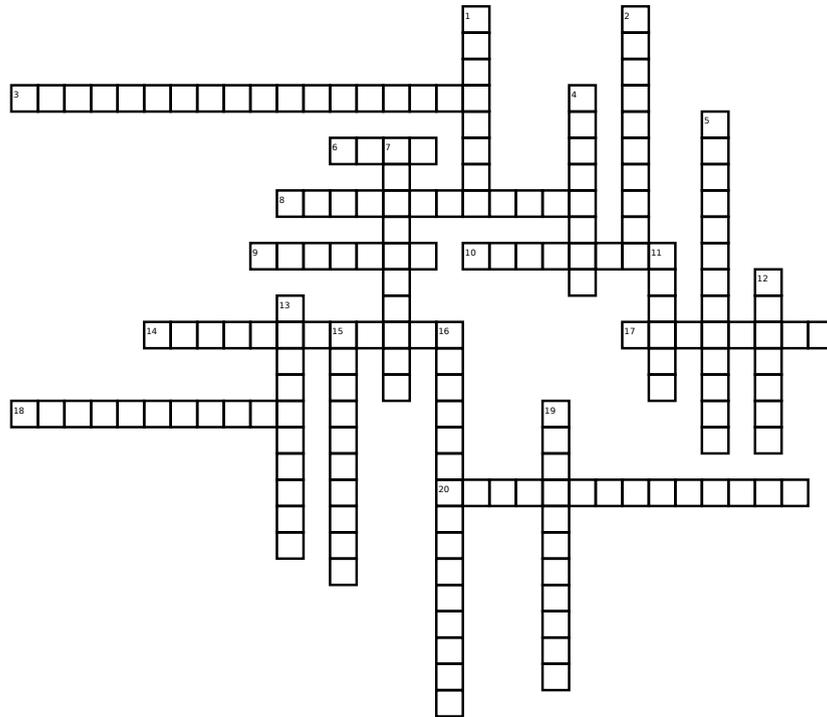
Level: B1 - B2

Age: 15 – 18

Area to develop: Vocabulary

Tools: photocopied sheets

Health crosswords



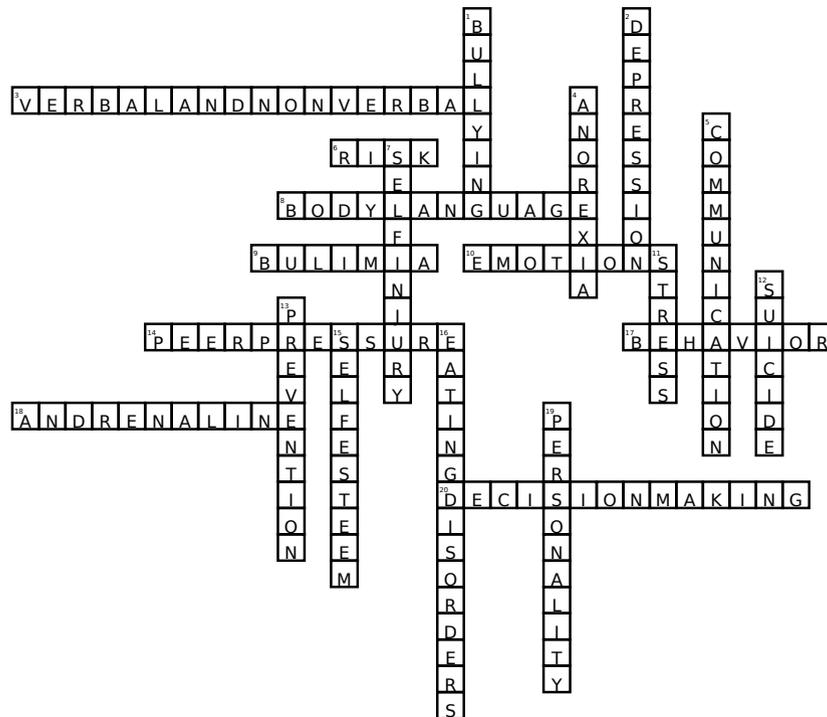
Down:

1. When a person is picked on over and over again by an individual or group with more power.
2. Extreme feeling of sadness, hopelessness and helplessness
4. Self-starvation due to an intense fear of being fat
5. The exchange of thoughts, feelings, and beliefs amongst people
7. Causing deliberate, intentional, repetitive harm to oneself
11. The bodies reaction to changes around you
12. Taking of ones own life
13. Taking steps to ensure something doesn't happen
15. The confidence and pride you have in yourself
16. Extreme and damaging eating behaviors that can lead to sickness and even death

Across:

3. The forms of communication
6. Actions or choices that may cause injury or harm to you or others
8. Postures, gestures, and facial expressions
9. Binge eating followed by a purge
10. Feelings inside us like happiness and anger
14. The influence or pressure of people your age
17. Area of health you have control over
18. Hormone produced during times of stress that increases the sugar in the blood and gives the body more energy.
20. Process of making choices to solve a problem.

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